

Health Promotion Forum of New Zealand Runanga Whakapiki Ake i te Hauora o Aotearoa Information Guide 2023

### **CERTIFICATE OF ACHIEVEMENT** INTRODUCTION TO HEALTH PROMOTION LEVEL 4

🖉 Te Pūkenga





🕁 Te Pūkenga

IS NOW A

# 12 WEEK FULL ONLINE COURSE





# Study from ANYWHERE in Aotearoa NZ

Upskill and gain leading qualifications from the comfort of your home

Increase your national and international networks and exposure to leading experts



# **COURSE DATES + SCHEDULE**

#### **2023 INTAKE DATES**

INTAKE ONE Start: Mon 20 March Block 1: Tue 11 Apr to Fri 14 Apr Block 2: Tue 9 May to Fri 12 May End: Fri 9 Jun Enrolments close: Fri 17 March

INTAKE TWO Start: Mon 12 June Block 1: Tue 4 July to Fri 7 July Block 2: Tue 1 Aug to Fri 4 Aug End: Fri 1 Sep Enrolments close: Fri 9 June

INTAKE THREE Start: Mon 11 Sep Block 1: Tue 3 Oct to Fri 6 Oct Block 2: Tue 31 Oct to Fri 3 Nov End: Fri 1 Dec Enrolments close: Fri 8 Sep



### ENROL Now

#### **12 WEEK COURSE SCHEDULE**

Each Intake has the following format:

WEEK 1 to WEEK 3: You are added to the online classroom. You will interact virtually with your tutor and class mates. You will have access to online resources (printable and downloadable) and complete online tasks and readings

WEEK 4: Block 1 Online Zoom Classes Tuesday to Thursday 9am to 4pm daily Attendance is compulsory

WEEK 5 to 7: Self directed learning in groups to complete Assessment 1

WEEK 8: Block 2 Online Zoom Classes Tuesday to Thursday 9am to 4pm daily Attendance is compulsory

WEEK 9 to 12: Individual self directed learning to complete Assessment 2

# **COURSE CONTENT**

#### **COURSE MODULES INCLUDE:**

The evolution of Health Promotion and Public Health in Actearoa NZ + worldwide

Te Tiriti o Waitangi: History in NZ and how to apply Te Tiriti o Waitangi as a framework for professional practice

The Determinants of Health - how to recognise and address the systems and mechanisms that affect the quality of life

How to use Maaori and Pacific health models in your mahi

Health Promotion Strategies- how to effectively tackle health promotion challenges

The Ottawa Charter - how to use the charter as a tool for professional practice

How to network and collaborate with ally agencies

#### **COURSE HIGHLIGHTS INCLUDE:**

Guest speakers - students get to talk directly with experts in the field

Networking with and learning from others in the field

Only 2 Assessments: Assessment 1: Group Presentation Assessment 2: Individual Written Essay





# **COURSE INFORMATION**

#### **IMPORTANT INFO**

You will need approval from your mahi/organisation to release you for classes during Block 1 and Block 2

Attendance during Block 1 and Block 2 is compulsory. Speak to your tutor if there are exceptional circumstances

All enrolment forms including verified ID must be submitted before the course start date

Some computer literacy will be needed in the course. You will use a variety of programmes to communicate with one another, access resources, and learn.

You will need an adequate laptop or computer to attend zoom classes. Mobile phones are not adequate for downloading material and interacting with the class

You will need a reliable internet connection during online classes - Block 1 and Block 2

#### **COURSE ENTRY**

You must have the support of your organisation to attend if you are in paid employment

Some digital literacy skills are expected

ESOL students must have written and oral English with a minimum of IELTS 6.0 or equivalent

#### **COURSE COSTS**

\$600pp, but this can depend on your type of organisation membership.

Email Emma Frost to make an enquiry. Don't forget to ask if we have any SCHOLARSHIPS available

Emma Frost - HPF Office Manager E: emma@hauora.co.nz

# HOW DO I ENROL?



Read this brochure thoroughly. Pay particular attention to the Online Zoom Class dates and times



Email our Office Manager Emma Frost to register your interest or make an enquiry and start the process E: emma@hauora.co.nz



Prepare your VERIFIED ID (Passport or Birth Cert ONLY)



Check out our website for more trainings

#### https://hpfnz.org.nz