

Further Information

Please contact:

Health Promotion Forum

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Manukau Institute of Technology

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If you would like this course delivered within your team or area contact the Health Promotion Forum of NZ.

Our Vision: Hauora- everyone's right.

www.hauora.co.nz



Runanga Whakapiki Ake i te Hauora o Aotearoa
Health Promotion Forum of New Zealand



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Certificate of Achievement in Introducing Health Promotion

The Certificate of Achievement is jointly offered by Manukau Institute of Technology and the Health Promotion Forum.

It introduces students to the principles, concepts and practice of health promotion.

This course will enable you to understand the role and importance of health promotion and the broader concept of health within a community and national setting.

Certificate of Achievement in Introducing Health Promotion

About the course

This interactive course relates theory to students' own experiences knowledge and skills.

It is a fun part time course, with two four day blocks.

This short course contributes to an introductory knowledge of health competency by using - Nga Kaiakatanga Hauora mo Aotearoa Health Promotion Competencies for Aotearoa New Zealand.

Course content includes

- What is health promotion?
- Determinants of health
- Application of Te Tiriti o Waitangi to health promotion
- Ottawa Charter
- Overview of key health promotion strategies and skills
- Values and ethics
- Learning and study skills
- Participation in team presentations and a written assignment.

Learning outcomes

As a result of attending this workshop, participants will:

- Demonstrate the skills necessary for effective learning and beginning health promotion practice.
- Define health promotion and discuss the values and ethics that underpin health promotion practice.
- Identify and explain the significance of key documents relevant to health promotion practice in Aotearoa New Zealand.
- Provide examples of a range of key health promotion strategies and tools.

Entry Requirements

Students in paid employment will be required to present written endorsement from their employer to attend the course.

All ESOL students must have written and oral English with a minimum of IELTS 6.0 (or equivalent)

Method of Study	Part time with two four day blocks.
Qualification	Successful graduates will receive the MIT Certificate of Achievement in Introducing Health
Promotion	
Level 4	10 MIT credits
Duration	Two weeks preparation, two weeks on-course and eight weeks self-directed learning totalling 100 hours
Start dates	Visit our website www.hauora.co.nz and check our Calendar of Events under 'Training'.

Enrolling

You will need to complete the Health Promotion Forum - HPF on-line registration form and an application form and provide verified ID then submit this three weeks prior to commencement of the course.

A Manukau Institute of Technology - MIT registration and enrolment form will be given to you to fill out on day one of the course, which will complete the enrolment process.

Comments from past students include:

- *"Excellent course, relevant and conducive to the mahi that I do in my community."*
- *"Enjoyed, particularly the sharing of experiences the other students conveyed."*
- *"Inclusive, respectful, knowledgeable course."*

A recent evaluation of the short course by Synergia provided the following feedback:

- 96% noted that the course was 'useful' to 'very useful' in terms of it's relevancy to their work.
- 93% agreed that the content of the course increased their understanding of the subject
- 89% could see how the course could be applied in their work,