



## Runanga Whakapiki Ake I Te Hauora O Aotearoa Health Promotion Forum of New Zealand

# Rongo Korero o Hauora

March 2010

E-news Bulletin 8

### About Rongo Korero O Hauora

Rongo Korero o Hauora is an e-news bulletin from the Health Promotion Forum (HPF). Its purpose is to inform you of health promotion events, issues and training opportunities as they happen. It will also alert you to new releases and research. Rongo Korero is a companion publication of our main newsletter, Hauora, which provides a detailed analysis and report on news and issues. Enjoy Rongo Korero. Your feedback and input is most welcome - Helen Rance, Editor.

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### HPF Symposium

**Whanau Ora, Tamariki Ora – The Wellbeing of Families and Children.**  
Thursday 1 July and Friday 2 July 2010. Brentwood Hotel, 16 Kemp St,  
Kilbirnie, Wellington

*Improving the wellbeing of families and children is an essential part of health promotion practice.* Last year's Symposium looked at global influences on health. This year we have come closer home to focus on our whanau and tamariki, families and children.

Our aim is that you leave the Symposium re-energised with new learning, new tools, and renewed inspiration. We received great feedback about how people loved the format of last year's Symposium, and so we have kept the same format.

#### Key note speakers include

**Professor Asher** - is a highly regarded paediatrician, researcher and advocate for children. She is a respiratory paediatrician at Starship, leads a major worldwide epidemiological study into childhood asthma and allergies, and is Head of the Department of Paediatrics at the University of Auckland. She is a spokesperson for the Child Poverty Action Group.

**Nancy Tuaine** of Te Atihaunui a Paparangi (Whanganui) - is the manager of the Whanganui River Māori Trust Board. She is also a member of the Whanau Ora Taskforce and a Ministerial Appointee to the Whanganui District Health Board and a Hauora A Iwi

**“Globally, those societies that invest in children and families in the early years—rich or poor—have the most literate and numerate populations. These are the societies that have the best health status and lowest levels of health inequality in the world.”**

Early Child Development – A Powerful Equaliser, a report for the WHO Commission on Social Determinants of Health

representative on the Mana Whenua Partnership group. Nancy is Co-Chair of the Wanganui Community Taskforce on Youth Wellbeing collaboration between the District Council, Government Ministries, the Youth Sector and Whanganui Iwi.

Technically Nancy's foundation in Whanau Ora began in her former employment at Te Puni Kokiri and Te Oranganui Iwi Health Authority. However she attributes most of her learning's to her own Whanau Ora having been a whangai mother to her niece and nephews for a period of time during their teens and a single mother to her son.

## People News

### Health Promotion Champions Recognised in New Year Honours

The HPF Board and Operations Team are delighted to see Professor Mason Durie and John Wong recognized in the New Years Honours and offer their congratulations. Go to the [HPF website](#) for more details.

- **Professor Mason Harold Durie**, CNZM, Knights Companion of the New Zealand Order of Merit for services to Maori health, in particular public health services.
- **John Hin Chi Wong**, QSM Queens Service Medal for services to the ethnic community. John is a member of the HPF Board.

## Congratulations

2010 new Associate Professors

- **Associate Professor Shanthi Ameratunga** (Epidemiology and Biostatistics) is the Director of the School of Population Health's Injury Prevention Research Centre, University of Auckland.
- **Associate Professor Louie Signal** is the Director Health Promotion and Policy Research Unit & HIA Research Unit, Department of Public Health, University of Otago, Wellington.
- **Associate Professor Helen Moewaka Barnes** is the Director of Te Roopu Whariki and Associate Director of SHORE and Whariki Research Centre Massey University, Auckland.

Associate Professor **Cindy Kiro** is the new Head of School of Public Health at Massey University. See the [Massey news](#)

## Gore District Community Awards 2009 Toastmasters Communicator of the Year



### *Jill Ware*

*'Closing the Gap in a Generation Health equity through action on the social determinants of health'*

After attending the Health Promotion Forum workshop on the Commission on Social Determinants of Health, three of the participants responded to the challenge to take their learning back to the Gore community. The forum chosen was the monthly community liaison meeting where a wide variety of agencies gather to share their work and support each other. The maximum time available for the workshop was one and a half hours. The presenters were generously provided with the presentation material used by Alison Blaiklock for the day-long Dunedin workshop and the three presenters reduced the material to fit the time allocated time. This presentation contributed to Jill's nomination for the award.

## CompsHP

The CompHP project is important work on Health Promotion Competencies in Europe and is sponsored by the International Union for Health Promotion and Education (IUHPE). The project aims to develop competency-based standards and an accreditation system for health promotion practice, education and training that will positively impact on workforce capacity to deliver public health

improvement in Europe. Helen Rance is a member of the international advisory panel. She anticipates incorporating this experience into the HPF review of New Zealand health promotion competencies.

### Networking in the South Island

A group of health promoters in Canterbury wish to know who else is working in the region so they can make contact for information and support. [Download the South Island Health Promoters contact list.](#)

**Glenis Bell** is the new Health Promotion Facilitator at Nelson Bays PHO. Glenis says her role focuses on the prevention of chronic conditions. Contact Glenis by email [glenis.bell@nelsonbayspho.org.nz](mailto:glenis.bell@nelsonbayspho.org.nz)

With the dis-establishment of Aoraki PHO, **Bobbie Campbell** hopes to find another position in the health scene soon.

**Christine Leleifenika** is the new Health Promoter and Smoking Cessation Practitioner at Pacific Trust Canterbury. You can email Christine at [Christine.Leleifenika@pacifictrust.co.nz](mailto:Christine.Leleifenika@pacifictrust.co.nz)

### Practicing Prevention



In February this year a group of New Zealand's leading cardiologists and health professionals completed an epic bike-ride from Cape Reinga to Bluff. Every cent raised goes directly towards setting up a research hub for preventive heart health at the University of Auckland.

Phil Shoemack says he heard about plans for the “Great Ride for Heart” back in June last year and “signed” on almost immediately. He began preparations including figuring out how to fund raise and also how to get the

body ready for two weeks of cycling covering over 2100 kilometres. Everything came together relatively easily in the end in no small part due to the excellent organisational skills and practical support from the amazing staff at the National Heart Foundation. It was privilege to ride through the country with such a great group of people. By the end of the journey they all had a better appreciation of our beautiful country, and of course of each other. As well as safely completing the journey from Cape Reinga to Bluff they were also successful in attracting donations for preventive heart health of almost \$1.2m and still counting. To make a donation or find further information check out the heart racer website

### Looking for a super hero aka health promoter?

HPF members with job opportunities are welcome to advertise on the HPF website at no cost. [The Jobs page](#) carries situations vacant and links to other relevant web sites. To list your vacancy [contact Helen Rance.](#)

Public Health Workforce Development also offers free advertising for Public Health [situations see their web site.](#)

### HPF Office Administrator



As our new Office Administrator, Lucy Kapa brings with her a mix of extensive administrative, project management and meeting experience spanning some 30 years. She has applied this skill set in a number of organisations: government and local government departments and more recently in a

tertiary institution. She has a passion for advancing and promoting education and health for Maori. Lucy is of Ngati Tautahi, Ngapuhi descent.

## Issues and News

### Massey Public Health School launched 24 March 2010

“Leading figures in New Zealand health sector joined the Massey University’s top health researchers to launch its new School of Public Health 24 March 2010.

Professor Sir Mason Durie, a driving force behind the School, told guests, including Health Minister Tony Ryall and Director-General of Health Stephen McKernan, that two clear goals lay at the heart of its establishment.

It aimed to continue “world class research evident now for more than a decade, as well as increase the health work force capability in New Zealand”. Sir Mason described the launch of the School, held at the Museum of New Zealand Te Papa Tongarewa in Wellington, as a milestone in health teaching research for Massey.” [Link here to the Massey news and Maori TV coverage.](#)

Read [Tony Ryall’s speech.](#)

### Don’t let the Flu get You

Seasonal influenza (‘flu) vaccine has arrived in New Zealand surgeries and the 2010 seasonal influenza vaccine includes protection against three types of flu, including the Pandemic H1N1 Influenza 09 (swine flu). For more information go to [the Ministry of Health web site](#) or make an appointment with your GP.

### Recent New Zealand resources/publications for communities and government

#### From the Office for the Voluntary and Community Sector

Nine items provide different pictures of NZ’s living standards, illustrate NGOs’ contributions to mental health services and conservation, specify the Government’s priorities for 2010, include an Auckland Transition Agency discussion document, publicise a new online national events calendar, and provide access to official Census data via a new Statistics NZ toolbox featuring a *Market Mapper* and *Industry Profiler*. [Check it all out....](#)

### Public Health (Wellbeing) in New Zealand: Interface with Local Government

The purpose of this document is to highlight good practice that is occurring in the sector. By encouraging more effective working relationships between health and local government agencies, it should develop more efficient action at a local and regional level to support people adopting healthier lifestyles. [Word and PDF versions of this document](#) can be found on the MoH website

### Ka tika ka ora: the Māori health provider work programme 2009-2010

Ka tika ka ora – the Māori provider work programme is a key part of the Ministry of Health’s (the Ministry) work to support the further development of effective health and disability providers that are Māori owned and Māori governed (Māori health providers). To download the document or to find information about ordering hard copy see the [MoH web site](#).

### Baby Essential on line education

A new on line resource developed for ‘essential education for all for protecting a baby’s life’. It has been developed as part of a SUDI (sudden unexpected death in infancy) initiative with the MoH and Change for our children. It is useful for those with babies in their family and workplace. It only takes about 20 minutes, you will receive a certificate for your personal development file. Summary versions of this resource are available



in 20 languages. Visit the [Changeforourchildren](http://www.changeforourchildren.org.nz) website

## New website - Disability Workforce Development

New website Disability Workforce Development provides independent training coordination services and administers training grants. They also support the existing Disability Support Services Leadership Development Scheme and Consumer Leadership and Training Fund initiatives. For more information go to <http://www.disabilityworkforce.co.nz/> or <http://www.tepou.co.nz/>

## The Knowledge Library

The Knowledge Library, funded by the Ministry of Health and SPARC, provides access to New Zealand based nutrition, physical activity, and sport and recreation related research and evaluation literature. Re-launched in July 2009 the Knowledge Library includes masses of information on New Zealand based research, funders and related projects. They would appreciate your help in keeping the Knowledge Library relevant and up to date. It is found as part of the HEHA website <http://www.heha.org.nz/>.

## Training Opportunities

### Certificate of Achievement Introduction to Health Promotion (aka) the Short Course

Block one	Block two	Where
25 – 28 May	22 – 25 June	Kaitaia
25 – 28 May	22 – 25 June	Auckland
25 – 28 May	22 – 25 June	Christchurch
27 – 28 July	24 -27 Aug	Hamilton
21- 24 Sept	19 -22 Oct	Wellington
21- 24 Sept	19 -22 Oct	Auckland

Contact Sal Stevens email: [Sal@Hauora.co.nz](mailto:Sal@Hauora.co.nz) ph: 09 531 5504

Go to the [HPF Training pages](#) for more details

<b>Hauora Māori Scholarships</b>	Online applications are now available for the Ministry of Health Hauora Māori Scholarships 2010.	For more <a href="#">information go to the MoH website</a> . Or you can <a href="#">apply online here</a> .
<b>Public Health Leadership (PHLP)</b>	The PHLP is a residential leadership programme designed for public health leaders in New Zealand.  The PHLP allows participants to discover their leadership potential and equips them with practical and tested leadership tools and resources.	In 2010, three PHLP courses will be offered in Wellington – two for “new leaders” and one for “experienced leaders”. See <a href="http://www.publichealthworkforce.org.nz/">http://www.publichealthworkforce.org.nz/</a> for information and online enrolment. Download the <a href="#">PHLP Brochure</a> .  <b>Be in quick – enrolments close 16 April 2010</b>
<b>Foundation Certificate in Injury Prevention: Te Aho Tapu</b>	4 – 6 May in Auckland  Injury Prevention Network of Aotearoa NZ (IPNANZ)	Contact Bev Jarvis <a href="mailto:b.jarvis@ipnanz.org.nz">mailto:b.jarvis@ipnanz.org.nz</a> or visit the <a href="#">IPNANZ</a> website for the enrolment form

## Events

### HPF workshops

	Presenter	Date	Location
Whanau Ora Tool	Miria James Hohaia & Sue Taylor	Monday, 12 April, Monday, 3 May, Wed, 10 May, Wed, 2 June,	Palmerston North Christchurch Auckland Whangarei
Social Determinants of Health	Dr Alison Blaiklock	Tuesday, 18 May,  Thursday, 20 May,	Nelson  Greymouth
Programme Planning & Evaluation	Waitangi Wood	Friday 16 April,	Kaitaia

Contact Sal Stevens email: [Sal@Hauora.co.nz](mailto:Sal@Hauora.co.nz) ph: 09 531 5504

[More information and registration forms here](#)

Watch the [HPF Training pages](#) for more workshops

### Other Events

14 April	Taranaki Forum Nutrition and Physical Activity	ANA, MoH, Taranaki DHB	New Plymouth	Free of charge but registrations required contact Julia Lyon, <a href="mailto:julia@ana.org.nz">julia@ana.org.nz</a> Draft programme and more information please visit the <a href="#">ANA</a> website.
14 - 15 April	Where to from here for Māori tobacco advocacy?	Auahi Kore	Wainuiomata Marae Wellington	Kiri Parata on <a href="mailto:kiri.parata@xtra.co.nz">kiri.parata@xtra.co.nz</a>
14-16 April	Evolving Communities Beyond Services - Building Bridges	National Community Mental Health and Addictions Conference 2010	Wellington.	<a href="#">More information here</a>
16 April	<a href="#">E-engage your community conference</a>	Introducing NFP orgs to internet-based tools that can assist them in their mission.	Christchurch	contact VolCan manager Ruth Gardner phone 03 366 2442, e-mail <a href="mailto:mgr@volcan.org.nz">mgr@volcan.org.nz</a>

22 April	Public Lecture Global change: a major challenge to health. What can we do?	Australia New Zealand Obesity Society	Waikato	For more information contact Elaine Rush, Ph: 09 921 9999 x8091, mob: 021 624 077, email: <a href="mailto:elaine.rush@aut.ac.nz">elaine.rush@aut.ac.nz</a>
23 April	As above		Auckland	As above
29-30 April	Working with Sexual Abuse – Community Solutions to a Community Problem	3 <sup>rd</sup> Annual Regional Symposium	Auckland	Flyer for more information <a href="#">here</a>
April – June	Information & Planning Workshop Series 2010/ 2011	The Safekids Campaign	Everywhere	Scheduled in partnership with your local Coalition Coordinator. Dates, locations and local contacts on the Safekids website <a href="#">workshop page</a> .
30 April – 1 May	Aotearoa Common threads, different patterns	Professional Supervision Conference:	Auckland	Visit the conference website <a href="http://www.conference.education.auckland.ac.nz">www.conference.education.auckland.ac.nz</a>
6 – 7 May	Working Together Conference 2010	Alcohol Advisory Council of New Zealand (ALAC)	Auckland	Visit the <a href="#">ALAC conference</a> web site for <a href="#">Registrations</a> and <a href="#">draft programme</a>
17 May	Working for Effective Employment Relations Workshop	Volunteering NZ	Paraparaumu	Contact Pat Cumming, Kapiti Community Centre, ph: 04 902 3240, email: <a href="mailto:KapCom@clear.net.nz">KapCom@clear.net.nz</a>
1-2 July	<b>Whanau Ora – Tamariki Ora, The Wellbeing of Families and Children</b>	HPF Annual Symposium	Wellington	Watch the HPF web site for more information <a href="http://www.hauora.co.nz">www.hauora.co.nz</a>
6-7 July	Youth Parliament	For MPs, government officials and the public to hear youth..	Wellington	Visit the <a href="#">Youth Parliament</a> web site
11-15 July	<b>20<sup>th</sup> IUHPE World Conference on Health Promotion</b>	Joining forces for Health, Equity and Sustainable Development	Geneva Switzerland	For more information please visit the conference website <a href="http://www.iuhpeconference.net">www.iuhpeconference.net</a>
2 – 3 August 2010	4 <sup>th</sup> New Zealand Conference on Walking and Liveable Communities	Dollars & Sense of Walking	Wellington	Please visit the <a href="#">Living Streets Aotearoa</a> website for more information.

22-24 September	<b>PHA Conference 2010</b> “Tomorrow for tomorrow’s people – He ao mō ngā whakatupuranga o āpōpō”		Turangawaewae Marae, Ngaruawahia	For further information, please visit the <a href="#">PHA website</a> . Abstract closing date now <b>23 April</b> .
29 – 30 September	Winds of Change: New Perspectives on Rural and Remote Mental Health	Australian and NZ Mental Health Association	Canberra	For more information visit the conference website <a href="#">ANZMH</a>
8 - 11 November	Nurses at the helm: steering health across the Pacific	15th South Pacific Nurses Forum	Auckland	Find out more on the conference website <a href="http://www.spnf.org.au/news.html">http://www.spnf.org.au/news.html</a>
17-19 November	The 6 <sup>th</sup> World Conference on the Promotion of Mental Health and Prevention of Mental and Behavioral Disorders		Washington, DC	<a href="http://wmhconf2010.hhd.org">http://wmhconf2010.hhd.org</a>

HPF acknowledges and thanks all those who send their newsletters and information to share.

*Editor - Helen Rance with input from the HPF Operations Team.*