



Runanga Whakapiki Ake I Te Hauora O Aotearoa Health Promotion Forum of New Zealand

Rongo Korero o Hauora

June 2009

E-news Bulletin 5

About Rongo Korero O Hauora

Rongo Korero O Hauora is an e-news bulletin from the Health Promotion Forum (HPF). Its purpose is to inform you of health promotion events, issues and training opportunities as they happen. It will also alert you to new releases and research. *Rongo Korero* is a companion publication of our main newsletter, *Hauora*, which provides a detailed analysis and report on news and issues. Enjoy *Rongo Korero*. Your feedback and input is most welcome - Helen Rance, Editor.

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HPF Symposium 2009: Hauora everyone's right 2009

15 - 16 July 09, Wellington

"Hauora everyone's right 2009" provides a unique opportunity to formulate and agenda for health that will be relevant to us, to the world, and to future generations." Mason Durie

The programme will include Professors Mason Durie and Philippa Howden-Chapman, as well as 4 interactive workshops, covering Global Warming, Global Recession, Global Inequalities and Global Colonisation.

KAHIKATEA SCHOLARSHIPS

The HPF thanks the Ministry of Health for sponsoring a number of scholarships to this important Symposium.

CLOSING DATE: 12.00 NOON, THURSDAY 02 JULY 2009

For more information, symposium registration, programme details and scholarship application forms go to the [HPF web site](#)

Issues and News

World Health Organisation (WHO) Commission on Social Determinants of Health Report

Closing the Gaps in a Generation

"In a climate of adverse economic conditions, and recognizing the compound effect of this, particularly on Māori whanau already dealing with multiple social issues, we are encouraged by the timely release of this report. If we are to truly make a difference to the health of Māori and other people who suffer disproportionately poor health in New Zealand, then we must more effectively address the underlying causes. This report endorses many other reports released over the last decade and provides us with compelling reasons and clear solutions, as to why we need to work collaboratively across the sectors. The potential health benefits of this unification will not only improve the health and wellbeing of many New Zealand families, but redeem the belief that we can as a collective make a real difference." Riripeti Haretuku, Chairperson, Hauora.com, Grant Berghan, Executive Director.

Reprinted copies of this Executive Summary are available from the HPF for you to share with key stakeholders. Email Helene at reception@hauora.co.nz

Swine flu - from "Contain It" to "Manage It"

The spread of Influenza A (H1N1) 'swine flu' virus in our communities means the focus of health services is moving from a 'contain it' to a 'manage it' phase. Health promoters can contribute by supporting public health colleagues and disseminating information, raising awareness and encouraging people to be diligent about hygiene. Attention to precautions will help reduce the spread of this new flu and minimise the potential health, economic and social impacts.

How can we prepare?

- Have a seasonal flu jab.
- Stock up the cupboards so you don't have to go out into crowded supermarkets for 7 days.
- Keep supplies of alcohol-based hand rubs, paracetamol, tissues, food and your regular medications.
- If you catch the flu stay at home for seven days after your symptoms begin or until you have been symptom-free for 24 hours, whichever is longer. (Going to work, church, school, shopping and crowded events will spread the flu and make others sick.)
- **Families** – Plan how your extended family will keep functioning as members become unwell.
- **Businesses and Community Organisations** – Develop a **Business Continuity Plan** – think about how the organisation will keep running if significant numbers of paid and unpaid staff become unwell.
- Check the Ministry website for resources and updates <http://www.moh.govt.nz/influenza-a-h1n1>

KEY MESSAGES

Stop the spread of flu germs by:

Covering coughs and sneezes

Regularly washing your hands and drying them thoroughly

Avoiding contact with sick people and reducing time spent in crowded settings.

If your condition worsens, seek medical advice by **PHONING Healthline 0800 611 116** or your healthcare provider.

Food Security Among Māori in Aotearoa C Part II

In 2007, Obesity Action Coalition (OAC) contracted Te Hotu Manawa Māori (THMM) to develop Part 1 of the toolkit Food Security Among Māori in Aotearoa 1, designed to inform the health sector of the issue of food security, how it affects Māori, and what interventions and frameworks are being used in Aotearoa and overseas. In 2008, OAC contracted THMM to develop Part 2 of the toolkit which is now available on the [OAC](#) website.

NZ Referendum on Child Discipline July and August 2009 (Crimes Act 1961 Part 3 Section 59)

Should a smack as part of good parental correction be a criminal offence in New Zealand? This is the question New Zealanders will be asked in a postal ballot referendum in July and August 2009. The referendum question does not mention [New Zealand's Child Discipline Law](#). "The aim of the organisers of the petition that led to the referendum is for the No votes to be in the majority so that politicians can be pressured to revisit the 2007 child discipline law. The petition question is both misleading and confusing. For more information about the question and the referendum visit <http://www.yesvote.org.nz>"¹

The law as it stands is influencing attitudes and behaviours positively. It is being implemented sensitively and sensibly an occasional smack does not lead to prosecution. New Zealand's child discipline law is a good one. A yes vote supports the law. [Every Child Counts](#), the coalition formed by Barnardos, Plunket, UNICEF, Save the Children and the Institute of Public Policy AUT, ask that you inform your families and networks of the importance of a YES vote later this year.

Help build a brighter future for Kiwi kids.

As the recession bites fundraising is becoming more challenging for charities. You can help by encouraging your friends and family to register, vote, and really make a difference for New Zealand's hard-working children's

¹ Every Child Counts <http://www.everychildcounts.org.nz>

charities. Sovereign Sunshine (a trust set up by Sovereign Insurance 2005) has a monthly vote for a children's charity. Each month staff in one of the company's business units selects a short list of 6 charities and registered voters receive an email asking them to vote. Voting doesn't cost and the winning charity each month receives a donation of approximately \$10,000. To register your vote go <http://www.sovereignsunshine.co.nz>.

Tobacco Trends 2008: A brief update of tobacco use in New Zealand May 2009

This report is a brief update of tobacco use in New Zealand in 2008. It provides an overview of current smoking and tobacco consumption among New Zealanders over time, and presents some data from the 2008 New Zealand Tobacco Use Survey (NZTUS 2008), including current smoking by age, ethnic group and neighbourhood deprivation, and smoking in youth aged 15 to 19 years. [Tobacco Trends 2008](#)

Problem Gambling Resource for Local Government

The purpose of this new resource is to assist Territorial Authorities with their Class 4 and TAB gambling venue policy reviews. Download it from the Ministry website: [Problem Gambling Resource for Local Government](#)

New Health Targets come into effect

Health Targets were introduced in 2007 to focus resources and improve performance in key areas. From 1 July there will be six targets instead of 10. These targets can be found along with quarterly reports and other information at [Health Targets](#)

People on the move

In response to requests for networking contacts we have compiled and distributed a list Health Promoters in South Island PHOs. We are now collating information for North Island PHOs. If you work in a PHO and want to be on the list please contact [Helen](#)

Job advertisements

The Public Health Workforce website www.publichealthworkforce.org.nz offers a free [job vacancy](#) page. Early listing will increase the chance for the right people to see the vacancy and a brief job description can be included. To list a vacancy contact either email to: publichealthworkforce@moh.govt.nz or use the [online form](#)

Events

HPF Workshops

TUHA-NZ and *The Social Determinants of Health* workshops will be back soon.

Dates and locations of these and other workshops will be posted on the HPF web site as they are confirmed www.Hauora.co.nz

National Youth Mentoring Conference

12 – 13 August Auckland A great line up of experienced speakers in the area of Youth Development and will be beneficial for anyone working with young people to attend. [See the website](#) for conference details.

PHA Conference 2009: The Underpinnings of Public Health Practice: Research and Values

2 - 4 September Dunedin/Otepoti - enjoy three springtime days in lovely Dunedin

Early bird registrations to attend the 2009 PHA conference in Dunedin are [now online](#)

2009 Australasian Conference on Obesity (AOC)

4 December Auckland, ACO'09 is a one-day conference designed to provide medical and health professionals with practical insights into the various issues associated with obesity. Programme details and registration on the website. www.obesityconference2009.com

The New Zealand Sexual Health Society 31st Conference

15-17 October, Waitangi - The conference theme is 'Play it SAFE in the Bay!' Key topics will include the promotion of safe sexual practice, sexual assault and disclosure, youth issues, Maori and Pacific Island health, HIV, STI surveillance, handling of personal health information and a clinical skills session. Programme details and registration forms are [on the six hat website](#)

Training Opportunities

Enrol Now

Certificate of Achievement Introducing Health Promotion

This "hands on" practical course will be taught from a student centred interactive basis relating theory to students' own experiences, knowledge and skills. The course will be delivered part time with two four day "on course" teaching blocks. Students will be expected to commence their learning prior to the "on course" blocks. This means applications should be in at least two weeks before the course start date.

Whakatane	block one 22-24 July,	block two 18-21 August	Tutor Ruth Gerzon
Kaitia	block one 22-24 July,	block two 18-21 August	Tutor Sue Taylor

Contact [Sal](#) for more information and registrations for all HPF events.

Leadership Programme for Maori in Public Health

2010 dates for the Leadership training for Maori in Public Health are now set.

Contact Tania Hodges, Digital Indigenous, phone 07 858 4940, mobile 021 897514, email tania@digitalindigenous.co.nz

Editor - Helen Rance with input from the HPF Operations Team.

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